ITF TOURNAMENT & UMPIRE MANUAL





International Taekwon-Do Federation the Traditional Martial Art as developed by the founder "General Choi Hong Hi" and now under the guidance of his son "Master Choi Jung Hwa".

We are proud to be affiliated with the ITF under the Presidency Grand Master Choi Jung Hwa



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SECTION I

TOURNAMENT/GENERAL RULES

Article 1 | PURPOSE

The purpose of these rules is to elevate the quality of Taekwon-Do by scoring every aspect and to provide an equal opportunity for all participants to show the ultimate of their abilities in friendly competition with one another.

Article 2 | APPLICATION

These are to be applied at every International and National Taekwon-Do Competition. They apply to male and female except where stated otherwise.

Article 3 | OFFICIAL AUTHORITIES

A) Tournament Committee

The Tournament Committee will be composed of 4 members: 1 x Tournament Director, 1 x Chairman of Umpire and Judges and 4 x technical members.

B) Officials

The Jury Referees and Judges will be selected from the roles of the certified umpires in the International Taekwon-do Federation list. The officials for each competition of Sparring and Patterns will number 8, and the officials for Power and special technique will be designated by the Tournament Committee.

C) Umpires

Every participating country will supply 2 umpires unless there are exceptional circumstances, which must be agreed with ITF Administration prior to the event.

Article 4 | DUTIES

A) The Tournament Committee will be in charge of organising and running all official ITF Tournaments.
 The members of this Committee must be present in the area during all events.

- B) The jury will consist of a president and 2 members who will be seated in the place of honour in front of the square.
- C) The Jury president will be the highest authority in the square.
- D) One of the members of the Jury will be a recorder and will be seated next to the Jury president to register and control the points of each competition.
- E) The other member of the Jury will be timekeeper and will be seated next to the jury president and will check and indicate the beginning, end and continuation of each match in sparring, he/she will ensure the presence of the competitors within the allotted time and will monitor the time for rounds in Patterns, Power and Special Technique.
- F) The Referee will be in the square to control the match.
- G) The Judges for Patterns (5 in number) will be seated in a line in front of the competitors (see *Article 10*).
- H) The judges for Sparring (4 in number) will be seated in every corner of the square (see Article 10).
- I) The Judges for Special Technique and Power Breaking will be in the area controlling the executions.

Note: The judges will give points according to their judgment based on the Tournament Rules.

Article 5 | DELEGATES / OFFICIAL COACHES

- A) Two (2) official coaches or technical directors per country; they will represent the individual competitors and teams. They must be registered with their national organisation and hold a current Status Card, they take part in the official meetings, they must register their competitors, submit their documents, present the official protest, they are responsible for the competitors' presence at the registration, weight in, competition, award ceremonies, open and closing ceremonies.
- B) During the individual and team competitions only one (1) coach will be allowed near to the ring, but
 (s)he cannot interfere, by actions or words, and must be seated throughout the match; (s)he must be at least two (2) metres away from the ring and must not advise or encourage his competitors.

Article 6 | COACHES / FUNCTION

- A) For the competition there must be only 1 coach for each individual and team sparring near the square, but (s)he cannot interfere in the competition by action or words. During the match (s)he must be at least 2 metres away from the square and must not advise or encourage their competitor.
- B) For the Patterns, Power and Special Technique competitions, (s)he can accompany their competitors to the square but (s)he cannot enter it.
- C) The coach must not speak to the officials about the competition. Failure to comply will render the advisor liable to be disqualified from his coach position. The coaches cannot say that they have not been made aware about the rules that are laid down in the competition.
- D) In cases where competitors are injured, the Coach cannot interfere with the doctor's decision, as is mentioned in the *Article 39* of these Rules.
- E) The procedure to present the official protest is to immediately verbally notify the Jury President and make the official presentation within the five minutes after the combat has finished, as indicated the *Article 50* of these Rules.
- F) The Coach must know the protocol of presentation for the awarding ceremony as indicated in *Article 19* of these Rules.
- G) The number of coaches for each country is unlimited. They must register with their national organisation. The coaching fee will be the same as the competitor entry fee. They must hold a current Status Card and must be from 1st degree to 6th degree.

Article 7 | COMPETITORS

Competitors will compete in the divisions as laid down where feasible:

A) Adult Competitors:

Competitors will compete in the divisions laid down in the following rules. Competitors must be 1st / 2nd / 3rd / 4th / 5th / 6th degree and be 18 years old in the year of the event; they must be certified with an ITF Degree certificate and current Black Belt Status Card. If the competitor does not have the Status Card, (s)he will be able to register at the event at a higher cost. Competitors must be healthy and registered with their national association. The competitors in the World Championship must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade.

Interpretation and Example:

The age limit for World Adults Championships is based on the year, not on the date, when the Championships are held, which shall be between 18 and 35 years of age. For instance, if the Championships are held 2014, those Competitors born on or between January 1st 1996 and December 31st 1979 are eligible to participate.

B) Senior Competitors

Senior competitors must 36 years of age or above. They will compete in the divisions laid down in the following rules. All competitors must be 1st / 2nd / 3rd /4th / 5th / 6th Degree and they must be certified by the ITF with a Degree Certificate and current Black Belt Status Card. Competitors who do not have an ITF Status Card will be able to register for the card at the event at a higher cost. Competitors from all divisions must be healthy and registered with their national association. The competitors in the World Championships must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade. There will be no Senior team events, but these competitors can be part of the Adult Team. A proven Adult competitor now of Senior age can opt to compete in the Adult section up to the age of 37 in the year of competition.

Interpretation and Example:

The age limit for Adult World Championships is based on the year, not on the date, when the Championships are held, shall be 36 years and above. For instance, if the Championships are held on 2014, those Competitors born on or before December 31st 1978 are eligible to participate.

C) Junior Competitors 14 – 15 and 16 – 17:

Junior competitors must be 14 to 17 year old inclusive, during the year of the event. They will compete in the divisions laid down in the following rules. All competitors must be 1st / 2nd / 3rd Degree and they must be certified by the ITF with a Degree Certificate and current Black Belt Status Card. Competitors who do not have an ITF Status Card will be able to register for the card at the event at a higher cost. Competitors from all divisions must be healthy and registered with their national association. The competitors in the World Championships must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade. With no exceptions, Junior competitors cannot be selected for the Adult Team events.

Interpretation and Example:

The age limit for Junior World Championships is based on the year, not on the date, when the Championships are held, which shall be between 14 and 17 years of age. For instance, if the Championships are held in 2014, those Competitors born on or between January 1st 1997 and December 31st 2000 are eligible to participate.

D) Pre-Junior Competitors 12 – 13:

Junior competitors must be 12 to 13 year old inclusive, during the year of the event. They will compete in the divisions laid down in the following rules. All competitors must be 1st / 2nd Degree and they must be certified by the ITF with a Degree Certificate and current Black Belt Status Card. Competitors who do not have ITF Status Cards will be able to register for the card at the event at a higher cost. Competitors from all divisions must be healthy and registered with their national association. The competitors in the World Championships must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade. With no exceptions, Pre-Junior competitors cannot be selected for the Junior Teams events.

Interpretation and Example:

The age limit for World Junior Championships is based on the year, not on the date, when the Championships are held, which shall be between 12 through 13 years old. For instance, if the Championships are held on 2014, those Competitors born on between January 1st 2001 and December 31st 2002 are eligible to participate.

Article 8 | OFFICIAL DRESS

- A) Officials must wear clothes required as laid down in *Article 13* of the ITF Umpire Rules (unless it is indicated otherwise, as demonstrated in images in Jury President's Manual).
- B) Whilst competing, competitors must wear the official Taekwon-Do Dobok displaying only badges / symbols / banners officially approved by the ITF and that black belt (the official dimension) which must indicate a competitor's degree. A number will be given to all competitors and this must be worn on the back of the Dobok all the time (just below the belt). They must have printed the country name on the back just over the belt. The sponsors can be located on the right sleeve and cannot be more than 10 x 10 cm.
- C) When not competing, competitors may wear normal sportswear, which must be approved by the Tournament Committee For the awards closing and opening ceremonies, competitors may wear sportswear or an official Dobok.
- D) It is totally prohibited to drink alcoholic beverages or smoking while wearing the Dobok during the competition.
- E) The coaches wear only sportswear (not short pants).

Article 9 | SAFETY EQUIPMENT AND PROTECTIVE WEAR

All safety equipment must be approved by the Tournament Committee. Competitors must be in possession of two (2) pairs of safety equipment: one red and one blue. Hand pads must have fingers and thumb covered and the palm open (material to be, for example, dipped foam, PU or leather).

- A) Obligatory protection:
 - 1. Hand and Feet
 - 2. Groin guard (must be inside the Dobok trousers)
 - 3. Mouth guard

B) Optional safety equipment:

- 4. Shin Protector
- 5. Forearm protector
- 6. Female Breast protector (must be inside the Dobok top)
- 7. Head guard





Breast Protector



Hand, Foot & Shin

Pads

Groin Guard



Mouthguards

In those countries where the law demands the use of head guards for contact sports, the use of this protection will be required. In this case, an approved type must be provided in red and blue colour by the organising committee.

- C) Competitors cannot wear any other protection or safety equipment.
- D) All competitors with injuries which require bandaging, strapping of any type or special protection must be approved by the Referee before performing. i.e. in the bandaging there must be no pins or hard material can be worn that give extra support which might constitute an advantage to that competitor.
- E) No jewellery, watches or other adornments may be worn. Hair may be kept in place using a material of a soft elastic nature only no grips or slides are allowed.

Article 10 | SQUARE

- A) Square size will be 7x7 metres floor space with an extra surface of 1 metre on each side. When the square is elevated, the extra surface must be at least 2 metres (2m) greater than the size of the square.
- B) The elevation of the square may be from 50cm to 100cm maximum.
- C) Lighting must not be lower than 5 metres above the ground.
- D) The main table where the jury is located will be in front of the square.
- E) The material of the square must be rubber (neither soft nor hard) approved by the Tournament Committee

The colour that represents the red competitor for Sparring and Patterns will be located on the left looking from the main table.





Special Technique Arrangement





Power Breaking Arrangement

ক্ষেক্ষেক্ষ্য

Article 11 | COMPETITORS NUMBER PER COUNTRY

A) Individual

The number of individual competitors from each country per division is restricted to three (3) persons (competitors from one country may be drawn against each other at any stage of the event unless it is indicated otherwise prior to the event). These competitors may be a team member or individual, as chosen by the national trainer for that country.

B) Team

Male Team will consist of 5 competitors and 1 reserve. 5 members must compete in Sparring, 5 in Patterns, 5 in Power Technique and 5 in Special Technique.

Female Team will consist of 5 competitors and 1 reserve. 5 members must compete in Sparring, 5 in Patterns, 3 in Power Technique and 3 in Special Technique.

One Team to compete in all four Disciplines

Note: The names of the competitors which compose the teams must be confirmed at the inscription day.

The competitor in reserve can be used in all team events.

Article 12 | DIVISION OF COMPETITION

Competition is divided into team match and individual match. Competition will be decided by the pyramid tournament system.

A) Individual:

Individual events are further divided into:

Pattern – Male/Female, 1st, 2nd, 3rd, 4th, 5th and 6th Degree divisions.

Sparring – Male/Female, Micro, Light, Welter, Middle, Heavy and Hyper weight divisions.

Power - Male/Female.

Special Technique - Male/Female.

B) Team

Team match is divided into: Male and Female. The competitors in Sparring may be any weight. Each team must perform Pattern, Sparring, Power, and Special Technique.

Article 13 | ORDER OF MATCH

Pattern, Sparring, Power, Special Technique. This should be followed where possible but is subject to the requirements of the time and schedule of the tournament overall.

Article 14 | DRAW FOR ORDER OF COMPETING

Sparring and Patterns competitors are drawn publicly by the lottery system for order of the match and placement of byes. The competitors located in the top line on the bracket will be identified with red and the ones on the bottom line will be the colour blue. For Power and Special Technique, the order of execution will be listed by in alphabetical order.

No competitor or team can win 2 matches without Sparring unless it is due to the withdrawal of their opponent because of a previous injury. This will be decided at the draw. After the drawing of the competitors' numbers is completed, the registration will be closed.

Article 15 | WEIGHT CHECK

Checking the weight of competitors will not be earlier than 24 hours prior to the event and not later than 1 hour before the competition. The place of the weigh-in will be decided by the Tournament Committee.

Article 16 | ANNOUNCEMENTS

It will be announced in which square an event will take place and it is the responsibility of the competitor or the team to be close to the square so that they may compete without delay. When they are called upon to do so, the name of competitor, number and country will be called and in case of team, the country will be called. If the competitor or team fail to come forward they will be called for a second and a third time. If, after one minute, they still do not come forward, they will then be disqualified.

Article 17 | EQUIPMENT CHECK

The referee will check to ensure that Dobok, equipment, etc are correct, of a type which has been officially approved and that they are not defective. At this time the only glove approved is closed finger open palm. Closed gloves, eg boxing or weighted are prohibited.

Should any item(s) not be satisfactory then they must be exchanged, discretely, if required, away from the competition area. The competitor has a maximum of 3 minutes in which to do so, following which time he/she will be disqualified and the match points awarded to the opponent where appropriate.

Article 18 | OFFICIAL TERMINOLOGY

CHARYOT **KYONG YE** JUN BI SIJAK HAECHYO GAESOK GOMAN JU UI GAM JUM SIL KYUK HONG CHONG DONG CHON IL BUNYON **YI BUNYON** JUNG JI SUNG

ATTENTION BOW READY BEGIN SEPARATE CONTINUE END WARNING DEDUCTING POINTS DISQUALIFICATION RED BLUE TIE **FIRST ROUND** SECOND ROUND TIME STOP WINNER

Article 19 | PROTOCOL

- A) The officials must know the protocol and the procedures to carry on all the items in the event.
- B) Competitors must know the protocol and the procedures of all the items of the competition.
 They must bow correctly to the Jury and each other at the beginning and the end of each match.
 Competitors cannot invoke ignorance about the rules that are laid down in the competition.
- C) Coaches must know the procedure of all the competition items.

Article 20 | RESULT RECORDING

- A) All the tournaments should have some visual display of the results so that the participants and the audience can follow the development of the event.
- B) Optional: electronic display that indicates the results of the sparring in real time.
- C) Electronic display that indicates the points given by each judge and the final result in pattern competition.

Article 21 | AWARDS

A) Individual

Pattern: 10 Gold / 10 Silver / 20 Bronze (each group) - 1st / 2nd / 3rd x 2.

Sparring: 10 Gold / 10 Silver / 20 Bronze (each group) - 1st / 2nd / 3rd x 2.

Power: 2 Gold / 2 Silver / 4 Bronze (each group) - 1st / 2nd / 3rd x 2.

Special Technique: 2 Gold / 2 Silver / 4 Bronze (each group) - 1st / 2nd / 3rd x 2.

Overall Champion

Overall Champion: 2 trophies: Male and Female.

Only Gold medals gained in individual events will count for Overall Winners of the individual events. However, in the event of two or more competitors having the same number of Gold medals then the Silver medals will count. If the tie persists then Bronze medals will count in determining the overall champion. In case of continuing with a tie then the competitors will share the award of overall champion. The medals that count for the Overall Champions must be gained with a minimum of 4 competitors for each category.

B) Team

Pattern: 12 Gold / 12 Silver / 24 Bronze (each group) - 1st / 2nd /3rd x 2.

Sparring: 12 Gold / 12 Silver / 24 Bronze (each group) - 1st / 2nd / 3rd x 2.

Power: 12 Gold / 12 Silver / 24 Bronze (each group) - 1st / 2nd / 3rd x 2.

Special Technique: 12 Gold / 12 Silver / 24 Bronze (each group) - 1st / 2nd / 3rd x 2.

Overall Team: 2 trophies: Male and Female.

Only the Gold medals gained in team events will count for the Overall Team. In the case of a tie between 2 or more teams, Silver medals will be counted. If the tie persists then Bronze medals will be counted in determining the Overall Team. In case of continuing with a tie then the teams will share the award of the Overall Team.

C) Overall Country

All the Individual and Team Gold medals will count for the Overall Country, with the exception of the Overall Champion and Overall Team.

In the case of teams the Gold medals will count as a simple gold medal and not multiplicative by 6 for example, the winning team in Patterns will have only one gold to count for the overall country, and not 6 gold. In the case of a tie in the score to determine the Overall Country there will be given 2 trophies.

Article 22 | MEDICAL ASSISTANCE

All tournaments must have Doctor(s) and qualified first aid personnel in attendance, who must have all the necessary equipment for the general attention or removal of the competitor in case of injury. Doctors' recommendations will be observed in accordance with *Article 39*.

Article 23 | TOURNAMENT COMMITTEE RESPONSIBILITY

All competitors must sign a tournament entry form and have full insurance coverage for eventualities.

Article 24 | INSURANCE - FOR EVENT

The Tournament Committee must ensure that the event booked has all necessary public liability insurance and Government licences (where applicable) required to hold such an event.



SECTION II

PATTERN

Article 25 | DIVISION/PATTERN

- A) The competitors will be from 1st to 6th Degree.
- B) Groups Male and Female.



- A) Competitors will be drawn in according with Article 14.
- B) Individual elimination: will use the single elimination system. Competitors will compete simultaneously and they will perform the designated pattern first with the optional pattern to follow. The Jury will choose the best competitor to go forward to the next round.
- C) Team elimination: will be use the single elimination system. Teams will compete 1 to 1, a draw will decide which team goes first. The first team will perform the 2 Patterns and then the second team will do the same. The Jury will choose the better one to go forward to the next round.

Article 27 | SYSTEM OF COMPETITION

A) Individual:

1st Degree will compete with 1st Degree with the designated pattern from Chon-Ji to Ge-Baek and one optional between Kwang-Gae to Ge-Baek.

2nd Degree will compete with 2nd Degree with the designated patterns from Chon-Ji to Ko-Dang and one optional between Eui-Am to Ko-Dang.

3rd Degree will compete with 3rd Degree with the designated patterns from Chon-Ji to Choi-Yong and optional between San-II to Choi-Yong.

4th Degree will compete with 4th Degree with the designated patterns from Chon-Ji to Moon-Moo and one optional between Yong-Gae to Moon-Moo.

5th Degree will compete with 5th Degree with the designated patterns from Chon-Ji to Se-Jong and one optional between So-San to Se-Jong.

6th Degree will compete with 6th Degree with the designated patterns from Chon-Ji to Tong-il and the optional from So-San to Tong-il.

Note: The Tournament Committee reserves the right to amalgamate the 5th and 6th Degree sections.

B) Team:

Each team (five competitors) must perform together one optional and one designated Pattern. The Tul must be from Do-San to Ge-Baek. They may line up in any format they choose and may perform one choreographed Tul with three breaks; they cannot perform a break during the Kihaps, one team member may not perform more than two moves on their own without the other team members following, and must be seen to be teamwork. The choreography can include individual movement or in unison.

Article 28 | RESULT PROCEDURES

A) Individual procedures:

In individual competition the following result win, lose or tie will be applied:

- 1. When 3 or more Judges vote in favour of a competitor, that competitor is the winner.
- 2. When 3 judges decide a tie and 2 judges vote in favour of a competitor, that competitor will be the winner.
- 3. When 2 judges vote in favour of a competitor, 1 judge in favour of the other and 2 judges decide a tie then the competitor with the 2 judges in favour will be the winner.
- 4. When 2 judges take a decision in favour of a competitor, 2 in favour of another and 1 judge decide a tie, then the result will be a tie.
- 5. In the event of a tie, the Jury will designate another pattern to be performed until the winner will be decided.
- 6. In the case of both competitors stopping in the execution of the pattern in any instance then this will be considered as a tie.

B) Team procedures:

In team competition the following result win, lose or tie will be applied:

- 1. When 3 or more judges vote in favour of a team, that team is the winner.
- 2. When 3 judges decide a tie and 2 judges vote in favour of a team, that team will be the winner.
- 3. When 2 judges vote in favour of a team, 1 judge in favour of the other and 2 judges decide a tie, then the team with the 2 judges in favour will be the winner.
- 4. When 2 judges vote in favour of a team, 2 in favour of another and 1 judge decide tie, then the result will be a tie.
- 5. In the event of a tie in eliminating and final rounds, the same procedure will be followed: the Jury will designate another pattern to be performed until a winner is decided.
- 6. In the case both teams stop in the execution of the pattern in any instance, this will be considered a tie.

Article 29 | OFFICIALS

1 jury president, 2 members of the jury, 5 judges, the central judge will give the commands.

SIN

SECTION III

SPARRING

Article 30 | DIVISIONS / SPARRING

- A) Competitors must be from 1st to 6th Degree.
- B) Male and Female groups.
- C) Weights.

		MICRO		LIGHT		WELTER		MIDDLE		HEAVY	HYPER
Senior Over 36 Yrs Male Female	1	-58Kg -50Kg	1	-64Kg -55Kg		-70Kg -60Kg	1	-76Kg -65Kg	I	-82Kg -70Kg	82Kg+ 70Kg+
Adult 18-35 Years Male Female		-58Kg -50Kg		-64Kg -55Kg		-70Kg -60Kg		-76Kg -65Kg		-82Kg -70Kg	82Kg+ 70Kg+
Junior 14-15 Years & 16-17 Years Male Female		-50Kg -45Kg	1	-55Kg -50Kg		-60Kg -55Kg		-65Kg -60Kg		-70Kg -65Kg	70Kg+ 65Kg+
Pre-Junior 12-13 Years Male Female		-40Kg -35Kg		-45Kg -40Kg		-50Kg -45Kg		-55Kg -50Kg		-60Kg -55Kg	60Kg+ 55Kg+

CURRENT WEIGHT CATEGORIES

PLEASE NOTE: THE WEIGHTS ABOVE ARE CORRECT IN LINE WITH CURRENT INFORMATION AVAILABLE FROM THE ITF

D) Team & competitors, 5 competitors and one extra in reserve, male and female free weight.

Article 31 | DURATION OF BOUTS

A) Individual:

Each bout (elimination and finals) will normally be 2 rounds, each of 2 minutes' duration, with a 1 minute break between rounds.

B) Teams:

Each bout (elimination and finals) will be of 1 round of 2 minutes' duration.

Article 32 | RESULT PROCEDURES

- A) Individual procedures: In individual competition the following result win, lost or tie will be applied:
- 1. When 3 or more judges vote in favour of a competitor, that competitor is the winner.
- 2. When 2 judges vote in favour of a competitor, 1 judge to the other and 1 judge as a tie, or 2 in favour of one competitor and 2 as a tie, then the competitor who got the decision of 2 judges is the winner.
- 3. When 3 or more judges say that is a tie, the result is tie.
- 4. When 2 judges vote in favour of a competitor and 2 in favour of another, then the result will be a tie.
- 5. TIE: In case of tie after 30 seconds break, a 1 minute extension will follow. If once again the result is tie, one extra round will follow without time limit where the competitor that gets the first point will be the winner. To decide the winner in this instance 2 judges must agree with the same scoring.
- B) Team procedures: In team competition the following result win, lost or tie will be applied:
- 1. When 3 or 4 judges vote in favour of a competitor, that competitor is the winner and 2 points will be given to his/her team.
- 2. When 3 judges decide a tie, 1 point will be given to both teams.
- 3. When 2 judges vote in favour of a competitor, 1 judge to the other and 1 judge as a tie, then the competitor with the 2 judges in favour will be the winner and 2 points will be given to the scoring of his/her team.
- 4. When 2 judges vote in favour of a competitor and 2 judges in favour of the other then the result will be a tie and I point will be given to the scoring of each team.
- 5. When the five matches are finished and the result is a tie, each team will choose their best competitor to perform another round of 1 minute duration. If once again the result is tie 1 round without time limit will follow where the competitor that gets the first point will be the winner. To decide the winner, 2 judges must agree. The score is ascendant and descendant, this means that the competitor who has 1 minus point due to a sum of warnings or a direct minus point automatically loses.

Article 33 | TARGET AREA



Article 34 | POINT AWARD

A) One point will be awarded for:

Hand attack directed to mid or high section. Foot attack directed to mid section. Hand attacks while are in air to mid section. B) Two points will be awarded for:

Foot attack directed to high section. Jumping or flying kick directed to mid section. Hand attack while is in air directed to high section.

C) Three points will be awarded for:

Jumping or flying kick directed to high section.

Article 35 | SCORING PROCEDURE

The technique will be valid when:

- A) Correct execution to a proper distance.
- B) Dynamic, with power, speed and accuracy.
- C) The execution must be controlled and in the correct target area.

Article 36 | DISQUALIFICATION

- A) Misconduct towards the Referee and ignoring their instructions.
- B) Full contact.
- C) 3 minus points (not accrued through warnings)
- D) A competitor who is under the influence of alcoholic beverage and/or drugs.
- E) Attack to a fallen opponent.

Article 37 | FAULTS

1 point will be deducted for the following faults:

- A) Loss of temper.
- B) Misconduct to the opponent in any way.
- C) Bite/scrabble.
- D) Knee/elbow/head attack.

- E) Contact.
- F) The mixture of any three warnings, 1 point will be automatically deducted.

Article 38 | WARNINGS

- A) Attack to an illegal target.
- B) Being out of the ring unless pushed (stepping completely out with both feet).
- C) Falling, intentional or not (this means any part of the body other than the feet touching the ground).
- D) Holding/grabbing/pushing.
- E) Sweeping.
- F) To intentionally avoid sparring.
- G) To pretend to gain a point (celebrating).
- H) To simulate being hurt after having received a kick or punch.

Article 39 | INJURIES

- A) When a competitor is not able to continue the match due to an injury, the Referee must stop the match and request medical assistance. The Doctor will diagnose and treat the injuries and decide whether the competitor is fit to continue. The time allowed for this is 1 minute and the decision about continuation has to be made by the Doctor.
- B) When a competitor cannot continue due to Doctor's decision, the responsibility of the action will determine the winner. The competitor who cannot continue will be the winner if his opponent was responsible but if the competitor who cannot continue is responsible then he will be the loser.
- C) If an injured competitor is unable to fight according to the Doctor's decision, they cannot compete again during this event, either during this day or for the duration of the competition.
- D) The competitor that refuses the Doctor's decision will be disqualified from all the competition.
- E) If 2 competitors are injured at the same time and they are unable to continue due to Doctor's decision the winner will be decided by the score at that moment. If the score reveals a tie, the Ring Jury will decide the winner.

Article 40 | PROCEDURES AND DECISIONS

A) Individual

Individual competitors enter the ring, one with red safety equipment and the other with blue. At the command of the referee, the competitors will bow to the Jury and then to each other. The referee will then start the sparring with the command "Sijak" and the competitors continue to spar until the Referee issues the command "Haechyo". At the same time the competitors will stop sparring and will stay where they are to start again. When the time is finished the timekeeper must announce it loudly to the Referee, but the match will only be finished with the command "Goman" said by the Referee. At this point, the competitors will bow and the result will be announced.

If during the match one competitor goes out of the square, the match must restart one metre inside the point where it happened.

In the case of a tie, the match goes back to zero.

B)

Team

Team procedures as per individual. In the case of a draw, the Referee, in full view of the coaches, will decide who goes first. The winner has the decision as to whether to send the first competitor or respond and then they will do it alternatively.

Article 41 |TIMING

On the first "Sijak" command from the Referee the timekeeper starts the clock and this continues for the full time unless the referee calls for a "stop time" by saying "Jung Ji". At this time the timekeeper stops the clock until the next "Gaesok". The Referee is the only one who can stop the match.

Article 42 | OFFICIALS

1 Jury president, 2 members of the Jury (1 as timekeeper, another as the recorder), 1 Central Referee and 4 Judges.

SECTION IV

POWER BREAKING

Article 43 | DIVISIONS / POWER BREAKING

Adults and Seniors:

- A) Competitors will be from 1st to 6th Degree.
- B) Male and Female groups.
- C) There are five Techniques to be competed in for this section:
 - 1. Ap-Joomuk Jirugi
 - 2. Sonkal Taerigi
 - 3. Dollyo Chagi
 - 4. Yopcha Jîrugi
 - 5. Bandae Dollyochagi

It is not compulsory for each competitor to attempt each Technique listed for his/her group but the total score for all Techniques attempted will be totalled to determine the winner.

MALE: (1) + (2) + (3) + (4) + (5).

FEMALE: (2) + (3) + (4).

Article 44 | PROCEDURE INDIVIDUAL AND TEAMS

Individual

- A) The Tournament Committee can decide a technique and the quantity of the pieces of wood for the initial classification (ie qualifying round) for the individual competitor but there will be no qualifying round in the team breaking.
- B) The Tournament Committee will determine the quantity of the pieces of wood for each technique, for example:

Adult Competition



Juniors:



Pre-Juniors:

- A) There are 3 techniques in this section:
 - 1. Sonkal Taerigi
 - 2. Yocha Jirugi
 - 3. Dollyo Chagi

Male and Female (1) + (2) + (3)
Pre Junior Competition



Each board must be 30 x 30 cm. The Tournament Committee may opt to allow plastic or wooden boards or any machine to replace the system described above.

C) Power Techniques

It is permitted to break using step or slide. It is not permitted to jump. This means one (1) foot must keep contact with the floor at all times. For Sonkal Taerigi the strike can be executed in two ways, inward or outward.

D) Protocol

- 1. Attempt: only one prejudging of distance touching the board is allowed.
- 2. Execution: for each technique competitors will have only one attempt to break. At the command from the Umpire the competitor will adopt a ready position and will try to break in one continuous movement, it is not necessary to finish with ready position again.
- 3. Timing: after the command from the judge the competitor has 30 seconds in which to complete that technique.
- E) The judges must disallow an attempt for failure by the competitor to use:
 - 1. correct balance and posture throughout the technique
 - 2. correct attacking tool and correct execution

- F) Judges must examine the board before and after of each attempt.
- G) Every broken board will be counted as 2 points and each cracked will be counted as 1 point.
- TIE: In the case of a tie between two or more competitors after all techniques are complete, the judges will choose one technique by way of a draw to select the determining break. They will decide how many boards will be used. The tied competitors will then carry on until the places are decided.
- I) The best competitors for the section to be awarded 1st, 2nd and 3rd x 2 are the competitors with the highest scores after attempting all items listed for their group. They will be respectively considered for the overall winner for all groups for the tournament.
- J) A holder machine will be used in place to give uniform resistance to the breaking.

Team

Male Team: 5 competitors + 1 extra for reserve.

Female Team: 3 competitors + 1 extra for reserve.

The reference of procedure is in *Article 45* and the items (A), (B), (C), (D), (E), (F), (G), (H), (I) and (J) from *Article 44*.

Article 45 | OFFICIALS

1 Jury President, 2 Referees, 2 Jury Members.

SECTION V

SPECIAL TECHNIQUE

Article 46 | DIVISIONS / SPECIAL TECHNIQUE

Adults and Seniors:

- A) Competitors will be from 1st to 6th Degree.
- B) Male and female groups.
- C) There are five items in this section:
 - 1. Twimyo Nopi Ap Chagi
 - 2. Twimyo Nomo Yop Cha Jirugi
 - 3. Twimyo Dolmyo Chagi
 - 4. Twimyo Dollyo Chagi
 - 5. Twimyo Bandae Dollyo Chaji

Male (1) + (2) + (3) + (4) + (5) Female (1) + (2) + (3)

Adult Competition

PECIAL TECHNIQUES - HEIGHTS AND LENGTH FOR EACH ITEM (BOARDS OF ¾")

MALE TWIMYO NOPI AP CHAGI 280 CM

TWIMYO DOLLYO CHAGI 250 CM

TWIMYO NOMO YOPCHA JIRUGI 320 CM

TWIMYO DOLMYO YOPCHA JIRUGI 240 CM TWIMYO BANDAE DOLLYO CHAGI 240 CM FEMALE

TWIMYO NOPI AP CHAGI 220 CM TYIMYO DOLLYO CHAGI 220 CM

TWIMYO NOMO YOP CHA JIRUGI 180 CM

30

Senior Competition



Juniors:

A) There are three techniques in this section:

- 1. Twimyo Nopi Ap Chagi
- 2. Twimyo Dollyo Chagi
- 3. Twimyo Nomo Yop Cha Jirgi
- 4. Twio Dolmyo Yop Cha Jirugi
- 5. Twimyo Bandae Dollyo Chagi

Male and Female (1) + (2) + (3)

Obstacle (barrier) Heights:

Adults, Senior and Junior

Female: 50 cm Male: 70 cm

Junior Competition



Pre Junior

Female:	40 cm
Male:	40 cm

It is not compulsory for each competitor to attempt each item (listed for his/her group). The total score for all techniques attempted will be totalled to determine the winner.

Article 47 | INDIVIDUAL AND TEAM PROCEDURES

- A) In each event a standard of one (1) board will be used. The board thickness, height and distance will be set by the Tournament Committee prior to the event. The Tournament Committee will decide on a technique for the initial classification (ie qualifying round) for individual competitors but there will be no qualifying round in the team special technique breaking.
- B) For each technique, competitors have the opportunity for one (1) attempt for prejudging the distance, without touching the board, and one (1) attempt to break. The competitor must adopt a ready posture prior to performing; this must be executed in one single movement, it is not necessary to finish with ready position again. After the Umpire signals, the competitor has 30 second to complete the technique.
- C) Umpires must disallow / indicate failure when:
 - 1. Correct balance and posture throughout the technique
 - 2. Correct attacking tool and correct execution
 - 3. Knocking over any or all of the hurdles
 - 4. Falling down: This refers to any part of the body other than the feet touching the ground. Correct balance and posture must be maintained during the execution of the technique.
- D) The Judges must examine the boards before and after each attempt.
- E) Every broken board will be counted as 2 points and each touched board will be counted as 1 point.
- F) The winners (1st, 2nd 3rd x 2) will be the competitors with the highest scores after attempting all techniques listed for their group and will be considered for the overall winner sections respectively.

- G) TIE: In the case of a tie at this stage between two or more competitors the jury president will choose one technique by way of a draw to be the tie breaker. The jury president will also decide the height and length for the choosen technique. The competitors who make the superior breaks will gain the appropriate points. This procedure will carry on until the places are decided.
- Equipment to hold boards will be used to give uniform resistance to the breaks. In the case of flying long side kick (timyo nomo yop chagi) the board must be held at a 45° angle, in this way the competitor should be able to continue to run in one line after the execution of the technique.

Team

Male Team: 5 competitors +1 extra for reserve

Female Team: 3 Competitors +1 extra for reserve

The procedure is as described in *Article 46* and the technique (A), (B), (C), (D), (E), (F), (G) and (H) from *Article 47*.

Article 48 | Officials

1 Jury President, 2 Referees, 2 Jury Members.

SECTION VI

PROCEDURE

Article 49 | TOURNAMENT COMMITTEE

The Tournament Committee will consist of: Chairman of Tournament, I Chairman representing Umpires of countries and 4 technical members who assist the Chairman of Tournament. They will be in charge of the development of all the competition. The members of this Committee must be present in the competition area during the whole tournament.

Article 50 | OFFICIAL PROTEST

- A) Only the coach can present the official protest when they feel a decision breaks the rules.
- B) After the notification of each protest, the official protest form must be presented in to the Jury President at the end of match, no later than 5 minutes after match is finished. The protest must specify the circumstances and it must be accompanied by the payment of the tax previously fixed by the Tournament Committee. This is done to limit protests to truly questionable cases. Only in cases where the protest is positively accepted by the Tournament Committee will the tax be given back to the coach.
- C) The Tournament Committee will examine the protest circumstances and decide:
 - 1. to validate the match;
 - 2. to repeat the match;
 - 3. to change the result; or
 - 4. to disqualify one or both competitors.
- D) In case of an official protest, the winner will not be able to compete until the Tournament Committee have made a decision in regard to the protest.

Article 51 | DECISIONS

- A) In order to come to a decision, the Tournament Committee may call anyone they choose to give evidence on the protest.
- B) On reaching a decision the Tournament Committee will notify all parties.
- C) The Tournament Committee will at all times base their decision on the rules as written in this document and their decision cannot conflict with the rules of this document.

Article 52 | DISQUALIFICATION

A team or individual delegates who persist in arguing against decisions made by the Tournament Committee may, by a decision of the Committee, have an individual or the whole team disqualified from all events of the tournament. The matter will be considered by the Tournament Committee at a later date with a view to further action being taken.

Article 53 |WITHDRAWAL

In the case of an individual or team withdrawing from the Championships as a protest, the following determination will be applied:

- A) automatic disqualification from that event, which means no placing for that event therefore any medals will be forfeit;
- B) automatic disqualification from any further events at the Championship;
- C) further disqualification from future events as decided by the Tournament Committee.

Article 54 | COPIES OF RULES

A copy of the ITF rules and procedure for the Umpire must be present in all tournaments and be accessible to all competitors and officials.

ITF Tournament Rules

UMPIRE RULES

SECTION I

Article 1 | PURPOSE

The purpose of these rules is to elevate the level and align the judgement criteria of Jury Members and Referees, to protect the Umpiring Authority and to point out the rights and duties of all officials.

Article 2 | APPLICATION

The rule is to be applied by the Tournament Committee and all officials in all ITF championships.

Article 3 | TOURNAMENT COMMITTEE

- A) The Chairman of the Tournament Committee must appoint and assemble all the officials for the ITF Championships.
- B) The Chairman of the Umpire Committee will appoint two (2) members; they must help and assist all the time.
- C) The Tournament Committee is responsible for the following duties:
- 1. To give official ITF Seminars to the Umpires based on the Tournament and Umpire Rules.
- 2. To keep and update the records of the ITF officials.
- 3. To prepare, if necessary, booklets and/or information bulletins.
- 4. To strictly control the official clothes.
- 5. To form the Umpire Teams that will work in every square.
- 6. To form changes and rotation of the officials in order to give an equal opportunity to everyone and to officiate and to assure fairness in the events.
- 7. To check Umpire's performance during the development of the competitions.

- 8. To give a final judgement in case of an official protest.
- 9. To take disciplinary action in co-operation with the Disciplinary Committee.
- 10. To co-operate with the other Committees.
- 11. To suggest improvements in the Tournament and Umpire Rules.

Article 4 | JUDGEMENTS

All the umpires must apply his/her criteria based on the spirit of the Umpire and Tournament Rules.

Article 5 | UNEXPECTED EVENTS

All cases not stated in these rules will be discussed with the Tournament Committee searching to apply the proper decision. The final decision cannot be in contradiction to these Rules. Decisions will be recorded for future implementation.

Article 6 | RING COUNCIL

Each ring must be governed by a Council composed of:

- A) Patterns: one (1) Jury President, two (2) members of the Jury, five (5) judges.
- B) Sparring: one (1) Jury President, two (2) members of the Jury, one (1) Central Referee and four (4) Corner Judges.
- C) Power Breaking: one (1) Jury President, two (2) members of the Jury and two (2) Judges.
- D) Special Techniques: one (1) Jury President, two (2) members of the Jury and two (2) Judges.

Article 7 | RIGHTS AND DUTIES OF THE REFEREE IN PATTERN COMPETITION

- A) At all times a Referee must be updated with Tournament and Umpire Rules.
- B) A Referee is allowed, if it is required by the Jury President, to take part in the consultations.
- C) A Referee is not allowed to talk at any time during the competition.
- D) A Referee must sit properly at 150cm from their colleagues.
- E) A Referee must observe with attention the competitors' actions taking into consideration and judging the following parameters:



- F) After each bout a Referee must add all the points on their Pattern scoring form which will be collected by the Recorder and handed over to the Jury President.
- G) In the event of a tie, the Jury President will select (by way of a draw) one (1) designated Pattern to be the "tie breaker". The tied competitors/teams will then carry on until the winner is declared.

Article 8 | RIGHTS AND DUTIES OF THE JURY PRESIDENT

- A) The Jury President must be updated with the Tournament and Umpire Rules.
- B) The Jury President is the only official authorised to disqualify a competitor in accordance with *Article 36* of the Tournament Rules, in common accordance with the Centre Referee.
- C) The Jury President will supervise the round, Referee's behaviour and is allowed to give their opinion at any time.
- D) The Jury President will supervise Jury members; the Jury President can substitute them in case of absence or inefficiency.
- E) Patterns:
- 1. The Jury President will decide by drawing the designated pattern.
- 2. The Jury President will designate a Centre Referee responsible to give the commands.
- 3. In the case of an incorrect situation, he can call the Referee and Judges.
- 4. After receiving the Patterns scoring form the Jury President must check following the criteria indicated in *Article 28* of the Tournament Rules and stand to indicate the winner.
- 5. In the case of a tie, the Jury President must stand up crossing their arms in front of their chest and must select, by way of a draw, a tie break Pattern, repeating this process until the winner is decided.
- F) Sparring:
- 1. In case of incorrect situations, the Central Referee must be asked to stop the match, then the Central Referee or the Corner Judge can be called.

- 2. The Jury President must supervise the warnings and the minus points given by the Centre Referee.
- 3. After receiving the Sparring Scoring Point form, the Jury President must check all the points, warnings and minus points, following the criteria indicated in *Article 32* of the Tournament Rules. The Jury President must stand up to indicate the winner.
- 4. In the event of a tie, the Jury President must stand up crossing their arms in front of their chest following the criteria indicated in *Article 32* of the Tournament Rules.
- G) Power Breaking and Special Techniques:
- 1. The Jury President will appoint one (1) Judge to verify the boards, procedures and execution and another Judge to give the commands and to give the points.
- 2. In the case of a tie, the Jury President will select, by way of a draw, one technique, following the criteria indicated in *Article 44* of the Tournament Rules.
- H) The Jury President is the only official authorised to replace the Judges in case of inefficiency, accident or disputes.
- The Jury President must fill out and sign the competition reports; this will be the official documentation. At the end of each division this report will be delivered to the Tournament and Umpire Committee.

Article 9 | DUTIES OF THE JURY MEMBERS

The Jury members must control the time, help and assist the Jury President during the Patterns, Sparring and Power Breaking competitions and verify that all results are in order before declaring the winner.

Article 10 | RIGHTS AND DUTIES OF CENTRE REFEREE

Sparring:

- A) The Centre Referee must be updated with the Tournament and Umpire Rules.
- B) If it is required, the Centre Referee must be part of the consultation between Jury President and the Corner Judges.
- C) The Centre Referee must verify the Dobok, obligatory and optional safety equipment, hair and nails of the competitors.
- D) The Centre Referee must direct the round, give the orders and use the official terminology and gestures indicated in these Rules.
- E) The Centre Referee is the only authorised official to assign warnings, minus points and stop the sparring.
- F) Once the Corner Judges have delivered their Scoring Point forms, the Centre Referee must hand them to the Jury President, bowing with respect.
- G) The Centre Referee can request the Jury President's opinion.

Article 11 | RIGHTS AND DUTIES OF CORNER JUDGES

Sparring:

- A) At all times a Corner Judge must be updated with Tournament and Umpire Rules.
- B) A Corner Judge is allowed to take part in the consultations between the Jury President and the Centre Referee if required.
- C) A Corner Judge must sit properly and must observe with attention the competitors' actions.
- D) A Corner Judge must write, on the approved Scoring Point form, point(s), warning(s) and foul(s).
- E) At the end of the match, a Corner Judge must deduct one (1) point from the total score for every three (3) warnings.

- F) A Corner Judge must deliver the Scoring Point form, fully filled out and signed, to the Centre Referee.
- G) When the competitors are fighting for the "first point winner", a Corner Judge must stand up with blue-red flags in hand, after the Centre Referee's command "Sun" (if they genuinely see), indicate the competitor that scores the first valid point.

Article 12 | RIGHTS AND DUTIES OF THE JUDGES

Power Breaking and Special Technique:

- A) At all times, a Judge must be updated with Tournament and Umpire Rules.
- B) A Judge is allowed to take part in the consultations if it is required by the Jury President.
- C) When a Judge is appointed by the Jury President, they must check the boards and/or target heights and the correct execution at each attemptas indicated in *Article 44* and *Article 47* of the Tournament Rules.
- D) When a Judge is appointed by the Jury President, they must announce the scored points following the procedure indicated in *Article 44* and *Article 47* of the Tournament Rules.

Article 13 | DRESS

The Umpire's kit consists of: navy blue blazer jacket, white long sleeved shirt, navy blue trousers, navy blue tie (with no other colours or decorations), white socks, white gymnastic shoes, pen.

Article 14 | PRESENTATION BEFORE THE COMPETITION

All the officials that take part in the competition must be present at least one hour before the beginning during the whole tournament.

Article 15 | BEHAVIOUR - RECOMMENDATIONS

All officials must observe the following rules:

- A) They must behave with conscience and dignity.
- B) They must pay maximum attention during competition.
- C) They must be at all times unbiased when giving a decision.
- D) They must refrain from fraternising with the competitors.
- E) They must have a basic knowledge of First Aid assistance.

Article 16 | UMPIRE CLASSES AND REQUIREMENTS

1. Class A Umpire

The criteria for Class A Umpire is:

- 1. Minimum of 25 years.
- 2. 4th Degree holder or above.
- 3. To have a Class B Umpire certificate.
- 4. To have a mimimum of three (3) years' regular umpiring experience in local tournaments.
- 5. To participate in a Class A ITF course and succeed it, obtaining the certificate.
- 6. To officiate regularly at ITF competitions.

2. Class B Umpire

The criteria for Class B Umpire is:

- 1. Minimum 21 years.
- 2. 2nd or 3rd Degree holder.
- 3. To participate in a Class B ITF course and succeed it, obtaining the certificate.
- 4. To officiate regularly at ITF competitions.

JURY PRESIDENT'S MANUAL

NOTES:			
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CENTRE REFEREE'S MANUAL

NOTES:		
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The Centre Referee calls the competitors "Hong - Chong" and they enter the ring



The Centre Referee indicates the competitors to face the Jury Table and bow to the Jury President and Jury's members



The Centre Referee indicates the competitors to face each other and bow



The Centre Referee checks all equipment







The Centre Referee will then check all remaining equipment and apply Hong and Chong tags



The Centre Referee will call "Junbi" (Ready)





The Centre Referee will call 'which round'





Nothing to award



"Gaesok" (Continue)



"Goman" (Stop) The Centre Referee signal end of round!



The Centre Referee signals for the competitors to go to their coaches





"Jung Ji"





The Centre Referee will identify to Jury and spectators action taken (In this case a warning)



The Centre Referee will identify the competitor "Hong" or "Chong"



The Centre Referee will bring wrists together.





Indication to comeptitor of action taken (In this case deduction)



The Centre Referee will announce the verdict





COACH'S MANUAL

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CORNER REFEREE'S MANUAL

NOTES:			
			,





OFFICIAL FORMS

NOTES:			

INDIVIDUAL PATTERN SCORING FORM

RING No.	M	НО	NG	СНС	NG
KING NO.	A X	D	0	D	0
TECHNICAL CONTENT	5				
POWER	5			74	
TECHNICAL CONTENT	5				
SUB TOTAL					5
TOTAL (D + O)					
JUDGE:			N	0.	

TEAM PATTERN SCORING FORM

RING No.	м	но	NG	CHONG
RING NO.	A X	D	0	DO
ECHNICAL CONTENT	5			
POWER	5			
PRESENTATION, TEAM WORK & CHOREOGRAPHY	5	ŪŪ		215
RHYTHM	5			
SUB TOTAL				
OTAL (D + O)				

JUDGE:



INDIVIDUAL SPARRING SCORING FORM

TEAM SPARRING SCORING FORM





JURY PRESIDENT:

	WINNER: 2 POINTS	DRAW: 1 POINT (Each Team)	LOSER: 0 POINTS
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INDIVIDUAL MALE POWER BREAKING


INDIVIDUAL FEMALE POWER BREAKING

NAME	No.	COUNTRY	TEST		707.	EXTRA	TOTAL	
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TEAM MALE POWER BREAKING

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TEAM FEMALE POWER BREAKING



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INDIVIDUAL MALE SPECIAL TECHNIQUE



JURY PRESIDENT:

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2nd	/								
3rd 3rd									
JURY PRESIDENT:									

INDIVIDUAL FEMALE SPECIAL TECHNIQUE

TEAM MALE SPECIAL TECHNIQUE

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TEAM FEMALE SPECIAL TECHNIQUE



SPARRING WARNING FORM



BRACKET SHEET



OFFICIAL PROTEST FORM

_		_
	COUNTRY:	_
	COACH:	
	DISCIPLINE:	_
	CATEGORY:	-
	DISPUTE BETWEEN:	
	COMPETITOR:	
	COMPETITOR:	
	RING No. JURY PRESIDENT	
	DESCRIPTION OF PROTEST	
		_
	SIGNATURE: TIME: DATE:	-

UMPIRE COMMITTEE CHAIR RESPONSE:	
SIGNATURE:	DATE:



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